



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## SOUTHINGTON COMMUNITY YMCA GYMNASIUM SCHEDULE: AS OF 1/5/2026

### MONDAY

	GYM A	GYM B
5-6:30AM	Open Shoot	1/2 Court Games
11:45-3:15PM	Pickleball—Advanced, Intermediate, and Recreational Courts	
3:15-4:30PM	Y AfterCare	Open Shoot
4:30-6PM	Full Court Games	
6-8:45PM	Open Shoot	1/2 Court Games

### TUESDAY

	GYM A	GYM B
5-6:30AM	Open Shoot	1/2 Court Games
10:15-12:45PM	Open Shoot	1/2 Court Games
12:45-3:15PM	Pickleball—Advanced, Intermediate, and Recreational Courts	
3:15-5PM	Y AfterCare	Open Shoot
5-6:30PM	Adult 18+ Full Court Games	
6:30-8:45PM	Open Shoot	1/2 Court Games

### WEDNESDAY

	GYM A	GYM B
5-6:30AM	Open Shoot	1/2 Court Games
11:30-3:15PM	Pickleball—Advanced, Intermediate, and Recreational Courts	
3:15-4:30PM	Y AfterCare	Open Shoot
4:30-8:45PM	Open Shoot	1/2 Court Games

TIMES ARE SUBJECT TO CHANGE EACH WEEK

\*Please note gym space may be modified based on usage & special events\*

### PICKLEBALL

Pickleball is a team racquet sport that is very popular, especially among seniors. No registration needed. The Y will provide limited equipment. It is recommended to bring your own paddles & balls.

Location: Southington Community YMCA Gymnasium



**SCCYMCA.ORG**  
MG REV 11022022

### THURSDAY

	GYM A	GYM B
5-6:30AM	Open Shoot	1/2 Court Games
10:45-1PM	Pickleball—Advanced, Intermediate, and Recreational Courts	
1-3:15PM	Pickleball All Beginner Courts Beginner Lessons 1-2PM	
3:15-5PM	Y AfterCare	Open Shoot
5-6:30PM	Adult 18+ Full Court Games	
6:30-8:45PM	Open Shoot	1/2 Court Games

### FRIDAY

	GYM A	GYM B
5-6:30AM	Open Shoot	1/2 Court Games
11:45-2PM	Pickleball All Beginner Courts Beginner Lessons 11:45-12:45PM	
2-3:15PM	Pickleball—Advanced, Intermediate, and Recreational Courts	
3:15-4:30PM	Y AfterCare	Open Shoot
4:30-6:30PM	Full Court Games	
6:30-9PM	TwYlight	

### SATURDAY

	GYM A	GYM B
7-8AM	Open Shoot	Open Family Gym
8-3PM	Youth Sports	
3-4:45PM	Open Shoot	1/2 Court Games

### SUNDAY

	GYM A	GYM B
7-8AM	Open Shoot	1/2 Court Games
8-12PM	Adult 18+ Full Court Games	
12-4:45PM	Open Shoot	Open Family Gym