



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SOUTHBURY COMMUNITY YMCA GYMNASIUM SCHEDULE: AS OF 1/7/2026

MONDAY

	GYM A	GYM B
5-6:30AM	Open Shoot	1/2 Court Games
11:45-3:15PM	Pickleball—Advanced, Intermediate, and Recreational Courts	
3:15-4:30PM	Y AfterCare	Open Shoot
4:30-6PM		Full Court Games
6-8:45PM	Open Shoot	1/2 Court Games

THURSDAY

	GYM A	GYM B
5-6:30AM	Open Shoot	1/2 Court Games
10:45-1PM	Pickleball—Advanced, Intermediate, and Recreational Courts	
1-3:15PM		Pickleball All Beginner Courts Beginner Lessons 1-2PM
3:15-5PM	Y AfterCare	Open Shoot
5-6:30PM		Adult 18+ Full Court Games
6:30-8:45PM	Open Shoot	1/2 Court Games

TUESDAY

	GYM A	GYM B
5-6:30AM	Open Shoot	1/2 Court Games
10:15-12:45PM	Open Shoot	1/2 Court Games
12:45-3:15PM	Pickleball—Advanced, Intermediate, and Recreational Courts	
3:15-5PM	Y AfterCare	Open Shoot
5-6:30PM		Adult 18+ Full Court Games
6:30-8:45PM	Open Shoot	1/2 Court Games

FRIDAY

	GYM A	GYM B
5-6:30AM	Open Shoot	1/2 Court Games
11:45-2PM	Pickleball All Beginner Courts Beginner Lessons 11:45-12:45PM	
2-3:15PM	Pickleball—Advanced, Intermediate, and Recreational Courts	
3:15-4:30PM	Y AfterCare	Open Shoot
4:30-6:30PM		Full Court Games
6:30-9PM		Twilight

SATURDAY

	GYM A	GYM B
7-8AM	Open Shoot	Open Family Gym
8-3PM	Youth Sports **begins 11/1/2025	
3-4:45PM	Open Shoot	1/2 Court Games

PICKLEBALL

No registration needed. The Y will provide limited equipment. It is recommended to bring your own paddles & balls.

Location: Southington Community YMCA Gymnasium

TIMES ARE SUBJECT TO CHANGE EACH WEEK
Please note gym space may be modified based on usage & special events

SUNDAY

	GYM A	GYM B
7-8AM	Open Shoot	1/2 Court Games
8-12PM		Adult 18+ Full Court Games
12PM - 2:30PM	Open Shoot	Open Family Gym
2:30PM - 5PM		SHS Volleyball Clinics

