



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SOUTHINGTON COMMUNITY YMCA GYMNASIUM SCHEDULE: AS OF 1/7/2026

MONDAY

	GYM A	GYM B
5-6:30AM	Open Shoot	1/2 Court Games
11:45-3:15PM	Pickleball—Advanced, Intermediate, and Recreational Courts	
3:15-4:30PM	Y AfterCare	Open Shoot
4:30-6PM	Full Court Games	
6-8:45PM	Open Shoot	1/2 Court Games

TUESDAY

	GYM A	GYM B
5-6:30AM	Open Shoot	1/2 Court Games
10:15-12:45PM	Open Shoot	1/2 Court Games
12:45-3:15PM	Pickleball—Advanced, Intermediate, and Recreational Courts	
3:15-5PM	Y AfterCare	Open Shoot
5-6:30PM	Adult 18+ Full Court Games	
6:30-8:45PM	Open Shoot	1/2 Court Games

WEDNESDAY

	GYM A	GYM B
5-6:30AM	Open Shoot	1/2 Court Games
11:30-3:15PM	Pickleball—Advanced, Intermediate, and Recreational Courts	
3:15-4:30PM	Y AfterCare	Open Shoot
4:30-5:30PM	Open Shoot	1/2 Court Games
5:30PM—9:00PM	YMCA Volleyball League	

PICKLEBALL

No registration needed. The Y will provide limited equipment. It is recommended to bring your own paddles & balls.

Location: Southington Community YMCA Gymnasium

TIMES ARE SUBJECT TO CHANGE EACH WEEK

Please note gym space may be modified based on usage & special events



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THURSDAY

	GYM A	GYM B
5-6:30AM	Open Shoot	1/2 Court Games
10:45-1PM	Pickleball—Advanced, Intermediate, and Recreational Courts	
1-3:15PM	Pickleball All Beginner Courts Beginner Lessons 1-2PM	
3:15-5PM	Y AfterCare	Open Shoot
5-6:30PM	Adult 18+ Full Court Games	
6:30-8:45PM	Open Shoot	1/2 Court Games

FRIDAY

	GYM A	GYM B
5-6:30AM	Open Shoot	1/2 Court Games
11:45-2PM	Pickleball All Beginner Courts Beginner Lessons 11:45-12:45PM	
2-3:15PM	Pickleball—Advanced, Intermediate, and Recreational Courts	
3:15-4:30PM	Y AfterCare	Open Shoot
4:30-6:30PM	Full Court Games	
6:30-9PM	TwYlight	

SATURDAY

	GYM A	GYM B
7-8AM	Open Shoot	Open Family Gym
8-3PM	Youth Sports **begins 11/1/2025	
3-4:45PM	Open Shoot	1/2 Court Games

SUNDAY

	GYM A	GYM B
7-8AM	Open Shoot	1/2 Court Games
8-12PM	Adult 18+ Full Court Games	
12PM - 2:30PM	Open Shoot	Open Family Gym
2:30PM - 5PM	SHS Volleyball Clinics	