

# START THE YEAR STRONG!



## New Year Personal Training Sale

Buy a 12-session package during the month of January and get your first session for only \$26!

Use Code: NewYear26

Valid only for Personal Training at 29 High Street.

### What we offer:

● Fitness Expertise

● Accountability

● Motivation

Make yourself a priority in 2026!

Register online at [SCCYMCA.org/Register](http://SCCYMCA.org/Register) or at Membership Services

For Specific Questions, contact Michelle Scott [mscott@sccymca.org](mailto:mscott@sccymca.org)