FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SOUTHINGTON COMMUNITY YMCA
GYMNASIUM SCHEDULE: AS OF 11/9/2026

MONDAY

	GYM A	GYM B
5-6:30AM	Open Shoot	1/2 Court Games
9:15-10AM	Open Shoot	1/2 Court Games
11:45-3:15PM	Pickleball—Advanced, Intermediate, and Recreational Courts	
3:15-6PM	Open Shoot	Y Teen Program
6-8:45PM	Open Shoot	Open Volleyball

TUESDAY

	GYM A	GYM B
5-6:30AM	Open Shoot	1/2 Court Games
10:15-12:45PM	Open Shoot	1/2 Court Games
12:45-3:15PM	Pickleball—Advanced, Intermediate, and Recreational Courts	
3:15-5PM	Y AfterCare	Open Shoot
5-6:30PM	Adult 18+ Full Court Games	
6:30-8:45PM	Open Shoot	1/2 Court Games

WEDNESDAY

	GYM A	GYM B
5-6:30AM	Open Shoot	1/2 Court Games
9:15-10AM	Open Shoot	1/2 Court Games
11:30-3:15PM	Pickleball—Advanced, Intermediate, and Recreational Courts	
3:15-5PM	Y AfterCare	Open Shoot
5PM—8:45PM	Open Shoot	Open Volleyball

THURSDAY

	GYM A	GYM B
5-6:30AM	Open Shoot	1/2 Court Games
10:45-1PM	Pickleball—Advanced, Intermediate, and Recreational Courts	
1-3:15PM	Pickleball All Beginner Courts Beginner Lessons 1-2PM	
3:15-5PM	Y AfterCare	Open Shoot
5-6:30PM	Adult 18+ Full Court Games	
6:30-8:45PM	Open Shoot	1/2 Court Games

FRIDAY

	GYM A	GYM B
5-6:30AM	Open Shoot	1/2 Court Games
11:45-2PM	Pickleball All Beginner Courts Beginner Lessons 11:45-12:45PM	
2-3:15PM	Pickleball—Advanced, Intermediate, and Recreational Courts	
3:15-4:30PM	Y AfterCare	Open Shoot
4:30-6:30PM	Full Court Games	
6:30-8:45PM	TwYlight	

SATURDAY

	GYM A	GYM B
7-8AM	Open Shoot	Open Family Gym
8-3PM	Youth Sports **begins 11/7/2026	
3-4:45 PM	Open Shoot	1/2 Court Games

SUNDAY

	GYM A	GYM B
7-8AM	Open Shoot	1/2 Court Games
8-12PM	Adult 18+ Full Court Games	
12PM - 4:45PM	Open Shoot	Open Family Gym

PICKLEBALL

No registration needed. The Y will provide limited equipment. It is recommended to bring your own paddles & balls.

Location: Southington Community YMCA Gymnasium

SCCYMCA.ORG

MG REV 11022022

TIMES ARE SUBJECT TO CHANGE EACH WEEK
Please note gym space may be modified based on usage & special events